

Phase 3 Behavioral Health Staff Training

Contact Deborah Ward for more information



Deborah.Ward@Assurantlps.com



443-857-8187



*Assurant
Learning &
Performance
Solutions*

- Evidence based training with competency practice
- 3 Year Certification for Behavioral Health Training
- Knowledge & skills to share with your organization
- Meets the requirements outlined at §483.95(i) for F-949 for Behavioral Health Training
- Tailored content covers Behavioral Health and Trauma Informed Care



Continuing Education Credits

- This program has been approved for the National Continuing Education Review Service (NCERS) of the National Association of Boards of Examiners of Long-term Care Administrators and the Maryland Board of Social Work Examiners for category 1 continuing education credits.
- Please contact us to discuss your CEU needs and approval process.

Audience

This training is appropriate for all staff. Highly recommended for staff educators, directors of nursing, and administrators.

Benefits

- CEUs for Administrators and social workers
- Taught by experts in CMS Nursing Home regulations
- Meets the requirements for Behavioral Health Training
- Covers Trauma and Trauma Informed Care
- Evidenced Based with proven outcomes

Includes

- Beverages, continental breakfast & lunch
- MHFA Manual and other materials
- Certificate (good for 3 years)
- Web-based training to maintain certification in future years

Registration/ Cancellation Policy

- Full refunds or transfer to an alternate class will be provided if a training is cancelled due to low registration
- Registrants who are unable to attend are encouraged to send a substitute - no notification is required



MENTAL HEALTH FIRST AID FOR OLDER ADULTS

Why Mental Health First Aid?

Mental Health First Aid for Older Adults teaches you **how to identify, understand and respond to signs of mental illnesses and substance use disorders**. This 8-hour training — which focuses on the unique experiences and needs of adults over the age of 65 — gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

About **15%** of adults aged 60 and over have A MENTAL DISORDER.
World Health Organization

More than **1 million** people aged 65 or older had a substance use DISORDER IN 2014.
Substance Abuse and Mental Health Services Administration

WHO SHOULD TAKE IT

- Families
- Caretakers
- Employers
- Nursing staff

WHAT IT COVERS

- A discussion of life changes that occur in older adults.
- A discussion of the specific risk factors faced by older adults, such as chronic health conditions.
- How to discern the difference between talking about death and suicidal ideation.
- A breakdown of psychosis, dementia and delirium.
- How to communicate effectively with those who need help while using respectful language.
- How to combat the stigma around substance-related problems in the older adult population.

The course will teach you how to apply the ALGEE action plan:

- **Assess** for risk of suicide or harm
- **Listen** nonjudgmentally
- **Give** reassurance and information
- **Encourage** appropriate professional help
- **Encourage** self-help and other support strategies

“A review of the evaluations showed that those who completed the training found it to be an extremely positive and valuable experience. This partnership with the National Council of Behavioral Health and Allergan to provide the Mental Health First Aid: Older Adults curriculum throughout the state of New Jersey has helped us build a case for the need to increase mental health literacy and reduce stigma within this population.”

—Ruth Kaluski, Director of Career Connection Employment Resource Institute at the Mental Health Association in New Jersey



MENTAL HEALTH FIRST AID®